

It's Kind of a Funny Story by Ned Vizzini



The book *It's Kind of a Funny Story* is about a teen named Craig Gilner who is in Manhattan's Executive Pre-Professional High School, one of the best schools in the city. He has friends and a supportive family. But ever since he had gotten into high school he has become severely depressed and begins to have suicidal episodes. The night that Craig plans on jumping off the Brooklyn bridge, he thinks things over and does the right thing by checking himself into the hospital for help. There he is sent to another part of the building, the psychiatric hospital, for 5 days. There is put on Zoloft to help him with his depression, and anxiety. There in the psychiatric hospital he makes friends and meets Noelle who is the same age as him, and he later falls in love with her. Noelle had inspired Craig to draw his "Brian maps" that helped him calm down. "It's a huge thing, this Shift, just as big as I imagined. My brain doesn't want to think anymore; all of a sudden it wants to do." (Vizzini 443).

If I had to rate the book, *It's Kind of a Funny Story*, I would rate this book a 4.7 out of 5 stars. I would rate this book a 4.7 out of 5 stars because Craig's situation happens to many teens. Teens become stressed and overwhelmed with school work and most of them become depressed. Leading to teens either becoming suicidal or search for help and get put on meds. Not only teens experience events like this but also adults and sometimes even children under 12. So this book can really relate to anybody who has faced depression and having to get psychiatric help. Also, the author wrote the story making the reader feel as if the characters were real. The author had gone through the same thing as the character of Craig. The author had to stay in a psychiatric hospital for being depressed, and that even is what had inspired Ned Vizzini to write this book. I look forward to watching the movie of this book.

Nicole Vives, 9th grade